

	<u>Lundi</u>	<u>Mardi</u>	<u>Mercredi</u>	<u>Jeudi</u>	<u>Vendredi</u>	<u>Samedi</u>
9-10h	ATP CLASS	ATP CLASS	ATP CLASS	ATP CLASS	ATP CLASS	
10h-11h						
11h-12h						ATP CLASS
12h15-13h15	ATP CLASS	ATP CLASS	ATP CLASS	ATP CLASS	ATP CLASS	
13h15-17h15						
17h15-18h15	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	
18h15-19h15	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	
19h30-20h30	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	ATP CLASS ATP SPE	
<p>* ATP SPE : Gainage Fitness Barbell Cardio/Crosstraining</p> <p>* Salle Ouverte et Accès Libre : 9h - 20h30 non stop.</p>						